

The Irish Pole Fitness & Dance Championships 2012

Registration Form

Personal Information

Competitor Name:

Address:

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Date of Birth:
You must be 18 or over on the day of the competition

Contact Telephone Numbers: Daytime:

Mobile :

Email address:

Category

- Please enter me in the following category (tick as applicable)
- | | |
|--------------------------|--------------------------|
| A. Intermediate Amateur* | <input type="checkbox"/> |
| B. Advanced Amateur* | <input type="checkbox"/> |
| C. Professional | <input type="checkbox"/> |
| D. Doubles | <input type="checkbox"/> |
| E. Mens | <input type="checkbox"/> |

Music Choice

Music will be allocated on a first come, first served basis to avoid duplication

Song Title & Length:

Signature

Signature

Date:

Rules & Regulations

Application

- 1 The competitor must be at least 18 years of age on the day of the competition 21st April 2012. You may be asked to provide photographic ID on the day of the competition.
- 2 Your application will not be considered final unless it is accompanied by the €25 entrance fee, a signed Registration Form **and** the signed Rules & Regulations Page
- 3 The candidate is not employed in the pornographic or adult entertainment industry.
- 4 Applications may only be submitted by the participant
- 5 Entrance fees are non-refundable.

Competitors

1. Competitors must conduct themselves appropriately at all times during the competition.
2. Competitors must comply with the rules and regulations as laid out here at all times during the competition. Failure to comply may result in disqualification.
3. All Competitors must be in good physical health. Competitors must agree to complete and sign a PARQ (**Physical Activity Readiness Questionnaire**) on the day of the competition.
4. The IPFDC reserves the right to prevent a competitor from performing if they are judged to not be physically fit by any of the organisers or judges
5. Competitors must not be under the influence of drugs or alcohol at any stage during the warm-up, rehearsal or competition.
6. Competitors must warm up properly before performing.
7. Competitors may not communicate with the judges at any time on the day of the competition.
8. Judges decision is final.

Media/Photography and Videography

1. The Competitors explicitly and irrevocably agrees that all photography and footage can be used by The Irish Pole Fitness & Dance Championships for promotional, advertising, and commercial purposes
2. The candidates have no right to compensation for photography and other footage made before, during and after The Irish Pole Fitness & Dance Championships 2012 competition. You will be required to sign a photo/video release form on the day of the competition. If you do not complete this form you will not be allowed perform in the competition.
3. All Photography can & may be stored on media photo library's for use by media.
4. Competitors may be asked to appear on television, radio, film or print media for the publicity and promotion of the competition.
5. Competitors agree to be photographed and filmed throughout the competition
6. Photography and filming are not permitted within the competitor changing areas.

The Competition

1. The candidate may choose the music for his/her show.
2. An industry jury will judge the candidates on the basis of presentation, pole dancing performance and technical difficulty.
3. The Irish Pole Fitness & Dance Championships organiser reserves the right to expel a candidate from participation, both before and during the competition.
4. The organiser expects the prizewinners to cooperate with the promotion of The Irish Pole Fitness & Dance Championships competition and activities.
5. The Judges decision is final.
6. During the competition, the candidate should not converse with the audience, presenter or judging panel
7. Points will be awarded for entertaining, eye catching and captivating choreography. Any sexual suggestion/innuendo will not be tolerated. Emphasis should be on the dance/fitness performance.
8. Any failure to abide by any of the outlined will result in immediate disqualification.
9. If clothing moves during any part of the routine, purposely or by accident on or off the stage to expose the groin, bottom or breast area, immediate disqualification will occur.

Cancellations

All competitors are required to give at least 4 weeks' notice if they wish to cancel their application. Any cancellation after this period will be liable for a cancellation charge of €50 unless cancellation is due to injury in which case production of a medical certificate will waive this charge.

Regarding the Organisation

1. The organisers of Irish Pole Fitness & Dance Championships and their representatives are not liable for injury or damage resulting from any participation in the Irish Pole Fitness & Dance Championships 2012 Competition.
2. The Irish Pole Fitness & Dance Championships reserves the right to change the rules contained herein. Competitors will be notified of any changes in these regulations
3. All decisions not addressed in these regulations will be made by the organizers of The Irish Pole Fitness & Dance Championships
4. Any decision made by the organizers of the Event is binding.

I declare that I have read, understood and agree to abide by the above rules and regulations

SIGNATURE

NAME (BLOCK CAPITALS PLEASE)

DATE

Guidelines

The completed and signed Registration Form **and** a signed copy of the Rules & Regulations Pages, **together** with your entrance fee of €25 should be returned to:

IPFDC
c/o Choices
Units 2/3 Quinns Road
Shankill
Co. Dublin
Ireland

Alternatively you can scan in your signed registration and rules page and email it to: ipfdc@eircom.net

Payment can be made by cheque (payable to White Rock Enterprises), money order or via PayPal (paypal details are:- ipfdc@eircom.net). You can also email me and I can send a paypal invoice. **Please do not send cash through the post.**

Technical Information

The competition will be held on two X-Stage Lites. One spinning, one static with a distance of approximately six feet between poles and minimum six foot around the poles for floor work.

Music

1. Music CDs must be submitted on arrival at the venue on the day of the competition.
2. All CDs should be tested; it is recommended that the competitor brings more than one copy in case of a faulty CD. The organisers will not be responsible for sourcing music if your CD is faulty.
3. CDs must only contain the track you will be using for your routine
4. Music mixes are permitted.
5. Competitor name, category, and track details must be written in permanent marker on the CD (NOT on the case).
6. Minimum song choice is 2.5 mins and maximum is 4 minutes for all categories.

Categories & Permitted Moves

Intermediate Amateur

Permitted Moves:

Gemini	Butterfly
Scorpio	Thighhold
Basic Caterpillar	One-handed spins
Crucifix	Vertical Scorpio
Cross Ankle Release	Wrist Seat
Cross Knee Release	Hip Hold
Thighhold	

The following tricks are **NOT** permitted;

Superman	Shoulder Mount
Any form of Handspring	Iguana Mount
Kneehold	Pencil (and derivatives)
Reverse Caterpillar	
Extended Butterfly	

If you are in any doubt about permitted moves please email me on ipfdc@eircom.net

Advanced Amateur & Professional Categories

All tricks, combo's and moves are permitted in this category.

Doubles

All tricks, combo's and moves are permitted in this category. This category is open to both men & women.

Mens

All tricks, combo's and moves are permitted in this category.

Clothing, Shoes, Props & Grip Aids

- Competitors must be wearing suitable dancewear. Minimum dancewear consists of hotpants or dance shorts, leotard (or similar) and a crop top. Bras (with the exception of sports bras) and pants are not suitable dancewear.
- For the purposes of this competition the Irish Pole Dance & Fitness Championships defines suitable dance attire as a minimum of hotpants and a crop top, leotard or similar item.
- Removal of clothing is permitted, provided that the competitor still adheres to the minimum clothing requirement.
- No nudity is permitted.
- Clothing must not display any logos or other forms of advertising.
- Bare feet are preferred, although soft ballet/jazz shoes are permitted.
- Competitors will be required to wear footwear outside of the performance area at all times.
- Props are permitted, provided that discarding them will not be potentially hazardous for other competitors (e.g. where water or other liquids will be left on the floor). If you are unsure, please contact the Irish Pole Dance & Fitness Championships on ipfdc@eircom.net prior to the event.
- Competitors will be allowed a maximum of 1 minute to prepare the stage prior to their performance, if required. Competitors must also clear the stage of any props or clothing after they have finished performing.
- Grip aids are permitted, however, competitors may NOT apply grip aids directly to the pole.
- Grip aids that leave a residue on the pole (e.g. chalk) are not permitted.
- The use of gloves is only permitted in the Intermediate Amateur category
- Competitors must not apply any lotions, creams, oils, or fake tan to their skin for 24 hours prior to the event.